# The Dental School Journey

Molar Mentors Harsh Chheda & Aarsh Ray

#### Who are we?

- D1's at Columbia University
- Accepted to multiple programs
- Love to mentor students and help them along their journey



Harsh Chheda Stats:

4.0 GPA/ 25 AA DAT

Schools I was between: Columbia, University of Michigan, UCSF, UNC, & UPenn



Aarsh Ray
Stats:
4.0 GPA/28 AA DAT

**Schools I was between:**Columbia, Texas Tech, &
UT San Antonio

# **Topics for Today**

Taking the DAT

Dental School Application

Interview Tips

Choosing a Dental School

Q/A Session



# Taking the DAT

#### **Timeline**

- Summer after taking organic chemistry
- Study time varies

#### **General Tips**

- Looks for tutors
- Use platforms
  - DAT Booster
    - Use Coupon Code: **PREDENTALADVICE** for 10% off!
  - DAT Bootcamp
  - DAT Destroyer



# **Dental School Applications**

#### **General Timeline**

- Applications open around May 9th, submission opens around May 30th
- Start working on Personal Statement around January February before applying
  - Have multiple people read over it
  - o Its okay if first idea or even multiple ideas don't work out
- Start compiling what activities you've done around March
  - Excel
  - Hours Categories
- When to submit
  - Early June, July or early August
  - Some schools don't start reviewing applications until August



# **Dental School Applications**

#### **Creating your Application**

- Cliche advice create a story?
  - Come up with themes
- Spend time on supplemental essays
- Thoroughly research schools you are applying to
  - Many state school have in-state preference
- How many hours is considered competitive?
  - Shadowing 100-150+ hours
  - Volunteering 200+ hours
  - Research optional, but any is great



### Interview Tips

#### Look at SDN for common questions, tips, etc...

- https://www.studentdoctor.net/schools/school/uic/1/university-of-illinois-at-chicago-college-of-dentistry
   stry
- Be yourself

#### What we did

- Practice general interview questions
- If writing things down, do bullet points not paragraphs
- Send thank you notes



# Choosing a Dental School

#### **Factors to Consider**

- Location
  - Want to be close to home...or maybe not so much?
- Cost
  - Dental School is the most expensive graduate program in the US
- Type of Curriculum
  - Didactic or Clinic Focus
  - Medical School Integration
- Specialize
  - Certain programs offer a larger opportunity to get into speciality programs



# **UIC Specific Tips**

#### The application/interview

- In-state favored
- Research into their curriculum
- Review SDN Page
- Very relaxed interview
  - They just want to get to know you and your goals



**College of Dentistry** 

# Q/A

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